

Table 2 Spearman correlations of outcome (pre–post treatment effect sizes) with duration of therapy and number of treatment sessions

	Overall outcome	Target problems	Psychiatric symptoms	Personality functioning	Social functioning
All treatment conditions					
Duration	0.36*	0.24	0.39*	0.19	0.50*
Sessions	0.54**	0.33	0.37*	0.48*	0.63**
LTPP only					
Duration	0.59*	0.28	0.83**	0.18	0.57*
Sessions	0.68*	0.28	0.67*	0.31	0.79**
Control conditions only					
Duration	–0.10	–0.23	–0.19	0.30	0.37
Sessions	0.02	–0.05	–0.19	– ^a	0.20

LTPP, long-term psychodynamic psychotherapy.
a. Insufficient data to calculate correlations.
* $P < 0.05$, ** $P < 0.01$ (one-tailed).